

## Impact Coaching

### **What is Impact Coaching?**

Impact coaching is a relationship-based partnership between veteran educators working to make a difference in their work, and to ultimately build a legacy they can pass on to the next generation; a legacy for which they can be proud. Through group and individual sessions, you focus on your passion, identify next steps for impact, and receive supports and connections that help you towards your goals.

### **Is this executive coaching?**

No, this is not coaching to put you on a specific career track. You know who you are and where you are going in life. We work with you to clarify your path forward and identify ways to be successful.

### **Is this life coaching?**

No, our coaches are career educators with a track record of success. We are not therapists and we do not engage in psychotherapy.

### **How does this work?**

Rather than a one-size-fits all approach, we get to know you, your values, your needs and interests, and build a trusting relationship with you that you can count on as you pursue the next phase of your career. Over time, this partnership becomes a reliable source of strength and support working towards your goals.

### **Are there guarantees?**

We promise to provide you with a unique coaching experience tailored to your personal needs and interests. Since this is not a cookie-cutter approach, we cannot guarantee standard outcomes, but you will move forward with clarity and confidence in doing the work to achieve true impact.

### **How do I get started?**

Joining a group cohort is a great way to begin coaching, get acclimated to the experience, and make connections with likeminded educators. From there, individual coaching is a natural next step.

### **Is there a cost involved?**

Yes, reasonable rates that keep costs down. We understand that educators aren't made of money, and we never charge exorbitant fees. Also, we do not charge per session. We have flat rates that allow you to work with us when it is helpful for you.

### **How long is the commitment?**

There is no prescribed timetable for coaching. We commit to working with you for the long term. You determine how long and how often you want to meet.

***We are glad to meet with you to further discuss coaching and answer your questions!***